



STYLE FINDER

Male model and style icon David Gandy has launched his very own app offering his styling services to men with an interest in all things fashion and style. Available for use on iPads, iPhones and iPods and priced €5.49 from iTunes, the 'Style Guide' contains video guides from acclaimed personal stylist Joe Ottaway, as well as interviews with Gandy covering all aspects of men's style.

"Men's fashion can be confusing and bewildering, so I started to think about how I could share some of the things I've learnt that can really help to change the way you look for the better, and how to simplify the choices that men have," said Gandy. "Subtle changes and a few tweaks can make a big difference to the way you look. And I am happy to pass all that on."



CITY SLICKERS

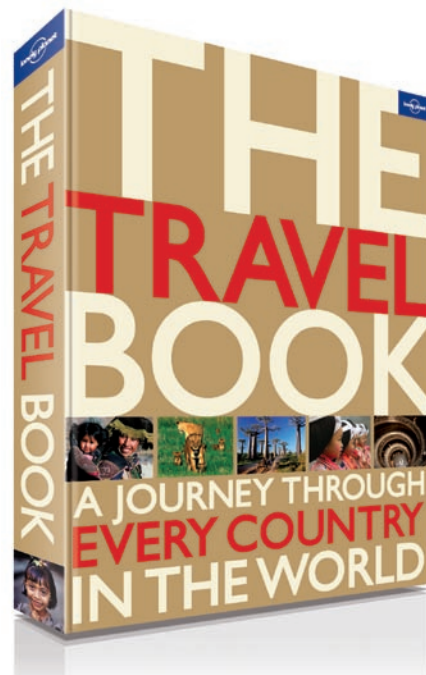
Ten more Luxe City Guides are now available to download for the iPhone, making a total of 20 in the LUXE City Guides Mobile range. The downloadable guides, which are priced €4.99 each, take you to the best of the best in cities including Barcelona, Florence, Tokyo, Berlin, Beijing, Seoul, Venice, Dubai, Istanbul and Los

Angeles, as well as New York, Hong Kong, Paris, London, Shanghai, Singapore, Rome, Bali, Sydney and Bangkok. The apps, which come with a year of free updates, are packed full of useful features and invaluable insider information for the discerning, value-conscious and busy traveller. In short, they'll ensure you need never get stuck on the homogenised high street again.

THE WHOLE WORLD— IN YOUR HANDS

The international best seller, *The Travel Book*, €52, is back. The first edition of this photographic journey through every country in the world sold more than 500,000 copies across the globe. The new hardback edition contains 100 percent new content, including 850 stunning images and updated text.

Each country merits its own double page spread showing a glimpse of life in the respective destinations from a traveller's perspective and evoking the spirit of the place by describing what you might see and feel, what kind of food and drink might flavour your visit, and which books, music or films will help prepare you for the experience. Available online at www.shoplonelyplanet.com, the book also details events, objects and people that are central to each country's identity, along with fascinating little-known facts. Well worth making shelf space for, we say.



SMOKIN' Smoked fish tends to elicits the same 'love it or hate it' divisiveness as Marmite. Having recently discovered Inish Turk Beg's products, however, we're confirmed fans.

The company's products – which are either caught or farmed in the pristine and Class A1 waters off the Atlantic West coast of Ireland - are smoked using a unique combination of Beechwood and island seaweed. Available from Donnybrook Fair and selected retailers nationwide, the range includes honey roast smoked salmon, gravadlax and smoked wild albacoretuna. Prices start from €7.99 for peppered smoked mackerel (200g). Further details online at www.inishturkbeg.com

HIDDEN GEM

Sale, four miles south of Manchester city centre, is not renowned as a culinary hotbed but the newly revamped OCA restaurant hopes to buck this trend.

So cool it has its own microclimate, the 160-seater waterside venue attracts many of the area's movers and shakers and is finding favour with the serious stylish. Expect to find a hip mix of actors, artists, models and editors rubbing shoulders with footballers and the occasional in-the-know Irishman seeking well-priced sustenance after taking in a game at Old Trafford (just two stops away on the nearby Metro line.)

The service is razor-sharp, the drinks menu extensive and the décor cool yet quirky. Best of all, however, is the food. Peruvian head chef Juan Eslava whips up

Mediterranean fusion cuisine that takes your palate to nirvana. Highlights are numerous but be sure to reserve stomach space for the mouth-watering Peeking duck pizza or the penne arrabiata.

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